

OUACHITA BAPTIST UNIVERSITY

Degree: B.A.

Major: Kinesiology and Leisure Studies (Recreation and Sports Ministry Emphasis)

2020 – 2021

| COMMON CORE | | Credit Hours |
|--|---|---------------------|
| All students take the following courses. | | |
| CORE 1002 | OBU Connections ¹ | 2 |
| CORE 1023 | The Contemporary World | 3 |
| CORE 1043 | Composition I | 3 |
| CORE 1113 | Survey of the Bible | 3 |
| CORE 1123 | Interpreting the Bible | 3 |
| CORE 2233 | World Literature | 3 |
| CORE 2243 | History of World Societies | 3 |
| CORE 2334 | Scientific Inquiry ¹ | 4 |
| CORE 3023 | Scientific Connections ² | 3 |
| ¹ Prerequisite: Completion of the Analytic & Quantitative Reasoning Requirement. ² Prerequisite: CORE 2334 Scientific Inquiry | | |
| FLEXIBLE CORE | | |
| Choose as indicated from each of the seven categories. | | |
| Analytic & Quantitative Reasoning (One course*) | | 3 |
| MATH 1003 | College Algebra | |
| MATH 1033 | Mathematics for the Liberal Arts | |
| PHIL 1003 | Introduction to Philosophy | |
| PHIL 1023 | Logic | |
| * Students with ACT math score of 22 or less (SAT 530 or less) must choose one of the MATH courses. | | |
| Applied Skills (One course) | | 3 |
| COMM 1003 | Fundamentals of Public Speaking | |
| FINN 2003 | Personal Finance | |
| Artistic Engagement (One course**) | | 3 |
| FINA 3113 | Fine Arts: Art | |
| FINA 3123 | Fine Arts: Music | |
| FINA 3133 | Fine Arts: Theatre | |
| ** May be satisfied by participation in the European Study Program. | | |
| Civic Engagement in America (One course) | | 3 |
| PSCI 2013 | American National Government | |
| HIST 2003 | United States History to 1877 | |
| HIST 2013 | United States History Since 1877 | |
| Intercultural Appreciation and Communication† (Two courses) | | 6 |
| CHIN, FREN, GERM, GREK, HEBR, ITAL, LATN, JAPN, RUSS, SPAN | Two semesters of credit in the same foreign language. May also be satisfied by approved language-intensive study-abroad experience. | |
| Physical Well-being (One course) | | 2-3 |
| KIN 1002 | Concepts of Wellness | |
| KIN 2073 | Health and Safety | |
| LST 2013 | Outdoor Leisure Pursuits | |
| EXPERIENTIAL CORE | | |
| CHAP 1000 | Chapel (7 credits required) | 0 |
| FINA 4011 | Arts Engagement Series | 1 |
| Total | | 48-49 |

¹ For more detail, refer to the School of Interdisciplinary Studies section of the catalog.

| GENERAL GRADUATION REQUIREMENTS | |
|--|--|
| 7 Chapel Credits, or 1 per semester for transfer students | |
| 2.000 minimum GPA (overall, OBU, major, and minor) | |
| At least 24 hours with grades of C or higher in the major | |
| Jr./Sr. Hours: At least 39 total, 12 in the major and 6 in the minor | |
| At least 60 hours taken at OBU, including 30 of last 36 hours. | |

| MAJOR | | Credit Hours |
|-------------------------------|---|---------------------|
| KIN 1003 | Foundations of Kinesiology & Leisure Studies | 3 |
| KIN 1113 | Fundamental Motor Development | 3 |
| KIN 3073 | Adapted Kinesiology & Leisure Studies Methods | 3 |
| KIN 4023 | Field Experience in KIN/LST | 3 |
| KIN 4601 | Senior Seminar | 1 |
| Choose five of the following: | | |
| KIN 2213 | Teaching & Coaching Individual Activities | 15 |
| KIN 2223 | Teaching & Coaching Team Activities | |
| KIN 2903 | Methods of Strength Training & Conditioning | |
| KIN 3013 | Care & Prevention of Injuries | |
| KIN 4013 | Org. & Admin. of KIN/LST Programs | |
| LST 3023 | Outdoor Adventure | 3 |
| LST 3033 | Outdoor Facilitation | |
| LST 3013 | Program Design and Management | 3 |
| CORE 2053 | Composition II | 3 |
| Total | | 34 |

| EMPHASIS REQUIREMENTS | | |
|------------------------------|-------------------------------------|-----------|
| THEO 1003 | Spiritual Formation | 3 |
| THEO 3323 <i>or</i> | History of Christianity <i>or</i> | 3 |
| THEO 4403 | Christian Theology | |
| CHMN 1023 | Introduction to Christian Ministry | 3 |
| CHMN 2223 | Introduction to Student Ministry | 3 |
| CHMN 3423 | Advanced Christian Ministry | 3 |
| CHMN 3123 <i>or</i> | Communicating the Gospel <i>or</i> | 3 |
| CHMN 4213 | Biblical Preaching | |
| CHMN 4323 | Ministry Recreation | 3 |
| CHMN ___ 3 | CHMN Elective | 3 |
| COMM 2043 <i>or</i> | Small Group Communication <i>or</i> | 3 |
| COMM 3033 | Interpersonal Communication | |
| Total | | 27 |

MINOR: The minor requirement is waived for this emphasis. -

ELECTIVES: Choose courses to total 120 hours, including 39 Jr/Sr-level hours. 10-11

| CREDIT HOUR SUMMARY | |
|------------------------------|--------------|
| CORE | 48-49 |
| MAJOR | 34 |
| EMPHASIS REQUIREMENTS | 27 |
| ELECTIVES | 10-11 |
| Total | 120 |